

Trichomoniasis is a sexually transmissible infection (STI).

Causes

An organism called *Trichomonas vaginalis*

Trichomoniasis infects the vagina in women and the tube inside the penis (urethra) in men. Sometimes it can infect the urethra in women.

Symptoms

In women there may be an unusual vaginal fluid (discharge) that may have an unpleasant odour and vaginal or vulval itching may occur. However women may not notice vaginal symptoms.

Men often have no signs or symptoms, but they may be carriers of the infection. Some men may notice a white or clear fluid (discharge) from the penis and/or a burning sensation during urination.

How Is It Transmitted?

Trichomoniasis is spread by having vaginal sex without a condom, with someone who has the infection.

Management

Trichomoniasis can be treated with antibiotics.

Partners of people with Trichomoniasis also need to be treated as they may also be infected. If they are not treated you can get re-infected.

Prevention

- Use condoms for vaginal sex.
- Both partners should be tested for STIs before having unprotected sex.
- If your partner has other sexual partners, you could get Trichomoniasis if you don't use condoms.