

Dear _____,

You have been given this letter because it is likely you have been exposed to gonorrhoea. Gonorrhoea is a bacterial infection that is passed on through sex and is easily treated with antibiotics. Many people with gonorrhoea don't have symptoms and so it is important to see your doctor for testing and treatment. If you are diagnosed with gonorrhoea you will need to tell your sexual partners that they might be at risk.

Please take this letter to your doctor as soon as possible.

Date

Dear Doctor

A partner of your patient has had a positive test for *Neisseria gonorrhoeae*. We recommend your patient is treated for gonorrhoeae without delay, and that the treatment is completed even if their test is negative. We also recommend your patient is tested for other STIs such as chlamydia, syphilis and HIV.

The current recommendations for treatment of uncomplicated *Neisseria gonorrhoeae* are:

- **Ceftriaxone 500 mg IM as a single dose plus Azithromycin 1 g taken as a single oral dose**

Note: Ciprofloxacin is NOT recommended as first-line therapy for gonococcal infection as an estimated 48% of gonococcal isolates tested in Victoria in 2005 were resistant to this drug.³

Simultaneous treatment for ***Chlamydia trachomatis* is also recommended** particularly if your patient is unlikely to return for treatment if they test positive.

The recommended treatment for *C trachomatis* is **Azithromycin 1g taken as a single oral dose or Doxycycline 100 mg bd for 7 days.**

Gonococcal infection of the cervix, pharynx and anus are often asymptomatic and there may be no abnormality found on examination. Infection of the male urethra is usually symptomatic.