

Dear _____ ,

You have been given this letter because it is likely you have been exposed to trichomonas. Trichomonas is an infection that is passed on through sex and is easily treated. Many people with trichomonas don't have any symptoms and so it is important to see your doctor for testing and treatment. If you are diagnosed with trichomonas you will need to tell your sexual partners that they might be at risk.

Please take this letter to your doctor as soon as possible.

Date

Dear Doctor

A partner of your patient has had a positive test for *Trichomonas vaginalis*. We recommend that your patient receive prophylactic treatment for *Trichomonas vaginalis*, and also be screened for other sexually transmissible infections.

The current recommendations for treatment are:

- Tinidazole 2 g orally as a single dose^{1, 2}
or
- Metronidazole 2 g orally as a single dose^{1, 2}

Infection with *Trichomonas vaginalis* is often asymptomatic and there may be no abnormality found on examination.

1. State of Victoria: Therapeutic Guidelines Antibiotic. Version eTG Complete April 2006 available from the Therapeutic Guidelines Limited- www.tg.com.au

2. Sexually Transmitted Diseases Treatment Guidelines 2006; Morbidity and Mortality Weekly Report, August 4 2006, Vol. 55 available from the Centers for Disease Control and Prevention web site - www.cdc.org.